

Tip #13 Using the COPM in a Group Setting



The COPM can be used in a group setting by asking the participants to individually identify, choose, and rate satisfaction and performance of their important occupational performance issues.



Analysis of their chosen occupations can be used to breakdown the performance issues for each individual performance issue into the elements to address during the group.



The therapist explores multiple concerns, highlighting common themes that can be addressed collectively.



Scoring can be completed individually at the beginning and end of a group program and the overall average change in scores can be determined across the group.

COPM. (2018, March 30). *Can I use the COPM with a client group at the same time?*.

<https://www.thecopm.ca/news/march-2018-copm-newsletter/>