

Tip #15 Could Using the COPM Save Time?



Administering the COPM can SAVE valuable time by identifying client priorities early, often reducing the need for additional assessments.



The COPM supports goal-directed, client-centered care by aligning interventions with what the client values most—often improving engagement and outcomes.



Efficient administration: Clinicians trained using the COPM can typically complete the measure in 15-30 minutes when focused only on identifying and rating occupational performance issues.