

Tip #18 Is the COPM Appropriate for Acute Care? Yes!



Keeps care person-centered from day one: The COPM quickly identifies what matters most to the person right here/right now, ensuring that even brief acute-care interventions are aligned with their occupational priorities.



Efficient and feasible in fast-paced settings: Research shows the COPM can be completed in about **15-30 minutes**. Taking the time to administer for a person who may have a longer acute care stay will allow for occupation focused and measurable client care.



Supports continuity across rehabilitation settings: Starting the COPM in acute care allows goals and priorities to follow the person through their rehabilitation journey, improving communication amongst team members and keeping the focus on meaningful outcomes.

References:

Mc Kittrick, A., Jones, A., Lam, H., & Biggin, E. (2022). A feasibility study of the Canadian Occupational Performance Measure (COPM) in the burn cohort in an acute tertiary facility. *Burns*, 48(5), 1183-1189. <https://doi.org/10.1016/j.burns.2021.09.005>

Enlow, K., Fleischer, A., & Hardman, L. (2020). Acute-care OT practice: Application of the Canadian Occupational Performance Measure (COPM) in a palliative-care program. *American Journal of Occupational Therapy*, 74(4_Supplement_1), 7411500054p1. <https://doi.org/10.5014/ajot.2020.74S1-PO7730>