



Canadian Occupational
Performance Measure

Tip #4

What if you, as a practitioner, do not agree with what the client identifies on the COPM?



Assess if it's a safety issue, such as self-harm or harm to others, and address it with the client and/or caregiver as necessary.



Explore “why” this occupational performance problem is important to them, to develop a deeper understanding and insight.



Acknowledge and accept the client's priorities to foster trust and respect in the therapeutic relationship.



A therapist may have to tell the client that they cannot help with a problem, as per their professional responsibility.



Revisit occupational performance problems at regular intervals to discuss emerging areas of direction, ensuring the process remains flexible and adaptable.