



Canadian Occupational
Performance Measure

Tip #5

**Can I use the COPM with a Person
with a Cognitive Impairment?
Yes! You can!**



Determine if the client can understand the questions asked by the therapist.



Determine if the client can express their needs regarding occupations that are important and which are difficult to do.



Determine if an alternate communication method (e.g. photos of occupations) may help clients identify important occupations.



Conduct the COPM in a distraction free environment that is minimally stimulating.



Provide clear, concise, non-medical language and instructions.



Conduct the interview in multiple sessions if the client is distracted or has fatigue.



Acknowledge and accept the client's perception of their problem areas and seek clarity with simple questions.



If insight is a concern, conduct the COPM with others in the environment (family/caregivers) to validate the concern and provide a broader picture of the client's needs.