

Tip #6 How can I use the COPM with Children?



Typically, children younger than 8 years have difficulty identifying their occupational performance problems.



For children who are too young, the COPM can be completed with their parents/caregivers.



When interviewing parents/caregivers, you are asking for their perceptions. They are not answering the questions as a proxy for the child.



It is often easier for children to identify problems with occupations when the interview focuses on different parts of the day (e.g. morning, after school, weekends) or locations (e.g. at home, school, recreation).



Examples can help explain the scoring system (e.g. rungs on a ladder, sad to happy faces).